

# ATHLETIC TRAINING EDUCATION PROGRAM

## COURSE SEQUENCE

\*Denotes course that meets Gen. Ed. Requirements

(Students entering in their sophomore year must take ESS 184 and 212 during the course of the program)

### Freshman Year

FALL SEMESTER	Cr.	Clinical	SPRING SEMESTER	Cr.	Clinical
*ENG 105 Composition I	3		*ENG 106 Composition II	3	
*ESS 184 Athletic and Sport Injuries	3		* ESS 212 Elements of Sports Psychology	3	
* General Education Requirement	3		* General Education Requirement	3	
* General Education Requirement	3		* General Education Requirement	3	
* General Education Requirement	3		* General Education Requirement	3	
Total	15			15	

### Sophomore Year

FALL SEMESTER	Cr.	Clinical	SPRING SEMESTER	Cr.	Clinical
* General Education Requirement	3		* General Education Requirement	3	
ESS 140 Introduction to Athletic Training	2		*ESS 202 Applied Nutrition for Health & Performance	3	
ESS 141 Introduction to Athletic Training Lab	1	35 hrs.	ESS 210 Foundations in Athletic Training	2	50 hrs.
ESS 145 Responding to Emergencies	2		ESS 230 Medical Terminology and Documentation	1	
*ESS 232 Basic Human Physiology	3		ESS 235 Personal and Community Health	2	
*ESS 245 Kinesiology	3		*ESS 246 Gross Anatomy	3	
Total	14	35 hrs.		14	50 hrs.

### Junior Year

FALL SEMESTER	Cr.	Clinical	SPRING SEMESTER	Cr.	Clinical
* General Education Requirement	3		ESS 260 Orthopedic Assessment: Upper Extremity	3	
* General Education Requirement	3		ESS 261 Orthopedic Assessment: Upper Lab	1	100 hrs.
ESS 250 Orthopedic Assessment: Lower Extremity	3		ESS 264 General Medical Conditions Evaluation	1	
ESS 251 Orthopedic Assessment: Lower Lab	1	100 hrs.	*ESS 321Intro to Systemic Exercise Physiology	3	
ESS 443 Clinical Athletic Training Lab I	2	150 hrs.	ESS 365 Principle of Exercise Prescription and Program Management	3	
ESS 465 Pharmacology	2		ESS 444 Clinical Athletic Training Lab II	2	150 hrs.
			ESS 461 Therapeutic Modalities	2	
			ESS 462 Therapeutic Modalities Lab	1	100hs.
Total	14	250 hrs.		16	350 hrs.

### Senior Year

FALL SEMESTER	Cr.	Clinical	SPRING SEMESTER	Cr.	Clinical
* General Education Requirement	3		* General Education Requirement	3	
* General Education Requirement	3		* General Education Requirement	3	
ESS 455 Clinical Athletic Training Lab III	2	150 hrs.	* Electives (if applicable)	3	
ESS 463 Therapeutic Rehabilitation	2		* Electives (if applicable)	3	
ESS 464 Therapeutic Rehabilitation Lab	1	100 hrs.	ESS 456 Clinical Athletic Training Lab IV	2	150 hrs.
ESS 470 Organization and Administration	2		*ESS 476 Seminar in Athletic Training	2	
* Electives (if applicable)	3				
Total	16	250 hrs.		16	150 hrs.