Counseling Psychology (Ph.D.)

Objectives

Training in the Counseling Psychology Program is designed to prepare scientist-practitioners who have a firm understanding of the many factors which contribute to human development. Although the study of theory, research, and practice in Counseling Psychology is oriented to both normal and abnormal human development, emphasis is given to specialty training designed to promote optimal psychological growth reflected in the multiple spheres of human functioning. Students completing the Ph.D. in Counseling Psychology will be knowledgeable about conducting psychological research, will acquire knowledge in important substantive areas of psychology, and possess a high level of applied clinical skills.

The Counseling Psychology Program has adopted three overarching and interrelated goals for training students to acquire knowledge and skills in the scientific, disciplinary, and practice dimensions of psychology. There are multiple, specific training experiences designed to assist students in acquiring and demonstrating their competence in each area. Training in research is conducted through a four-course didactic research sequence, the experiential learning in research groups, and culminates in the dissertation. Training in the discipline of psychology is conducted in the year-long seminar in Counseling Psychology and in a series of four psychology courses. Training in the theory and practice of counseling is conducted through the seminar in counseling psychology, a yearlong assessment sequence, coursework in multiculturalism and supervision, two or three years of practicum, electives, and finally in a one year internship.